

# Unscheduled Emergency Care Programme – Opportunities for Integration

Dr. Michael O' Connor, National Clinical Advisor and Group Lead, Acute Operations

29th November 2023

# HE Overview



**Healthcare demand** 



The problems and Harm



Reform



**One Patient group Focus** 



Who owns these challenges?



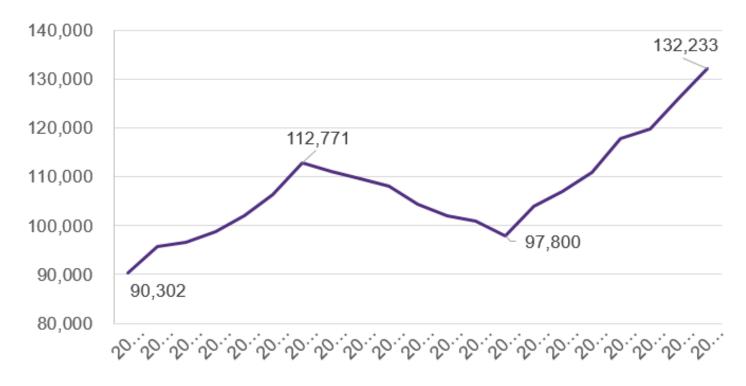
## Healthcare demand and delivery in Ireland



# Reform programmes and plans guided by the Sláintecare vision:

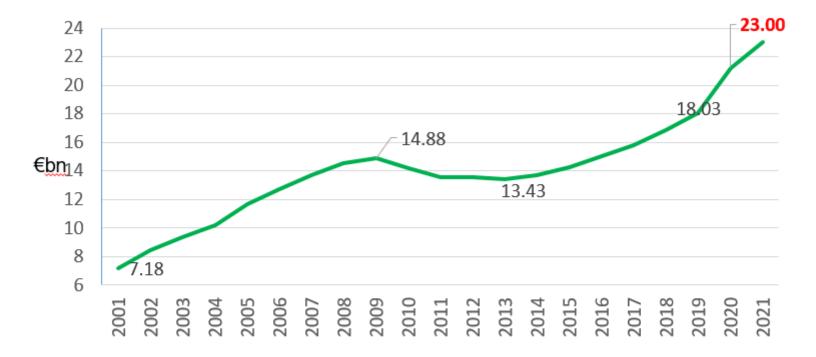
- Regional Health Areas
- National Urgent and Emergency
  Care Plan
- Enhanced Community Care
- Waiting List Action Plan
- Modernised Care Pathways
- Trauma Programme
- Workforce Plan

# HSE Staff Numbers



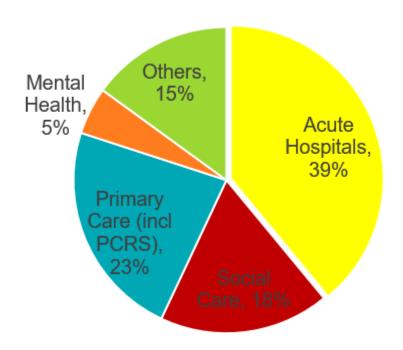
Source: Department of Health. Health In Ireland: Key Trends 2022. Available at <a href="https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/">https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/</a> Accessed 10.1.23

# HSE Spending



Source: Department of Health. Health In Ireland: Key Trends 2022. Available at <a href="https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/">https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/</a> Accessed 7.1323

# HSE Spending....where?



Source: Department of Health. Health In Ireland: Key Trends 2022. Available at <a href="https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/">https://www.gov.ie/en/publication/fdc2a-health-in-ireland-key-trends-2022/</a> Accessed 10.1.23



# Healthcare demand and delivery in Ireland

# Urgent and Emergency Care Demand Compared to 2022:

29 million	<b>GP Consultations</b>	1 million	Out of Hours GP
140,000	Local Injury Units	100,000	Medical Assessment Unit
1.4 million	ED attendances	365,000	ED admissions

Also Scheduled Care
1.1 million Day Cases, 3.6 million Outpatients



# Healthcare demand and delivery in Ireland

# Urgent and Emergency Care Demand Compared to 2022:

+0.3%	ED attendances	+4.9%	ED attendances patients ≥75 years
+3.8%	ED admissions	+4.2%	ED admissions patients ≥75 years

## Compared to 2019:



## **Problem Statements**



Delay in Response Time to 999



Delay in Ambulance Handover



Delay in Triage



Delay in time to be seen by Manchester Triage Category



Delay in Patient Experience after being seen



Delay in Admission to Bed



Lost Beds due to Non Valued Added Care



Delays in accessing Community Services



Communication Inadequacies









#### # TROLLEY CRISIS

## October trolley watch stats show 'almost' double numbers this year than same period in 2020

INMO figures show that there are five times as many children on trolleys compared to October 2020.

√ 17.2k **2**6



Oct 31st 2021, 4:34 PM

#### # CRISIS

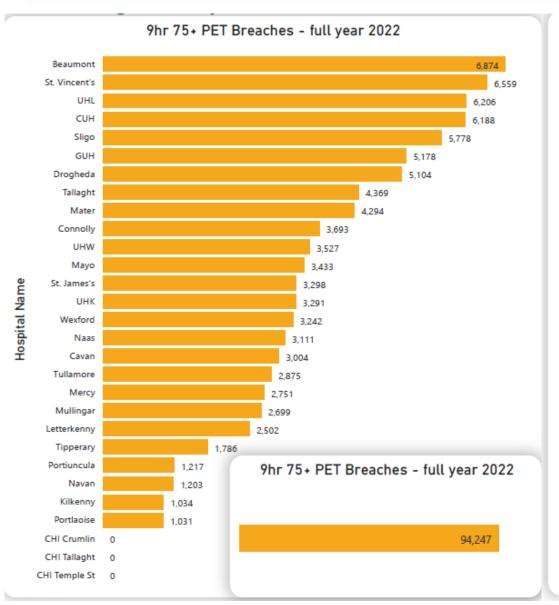


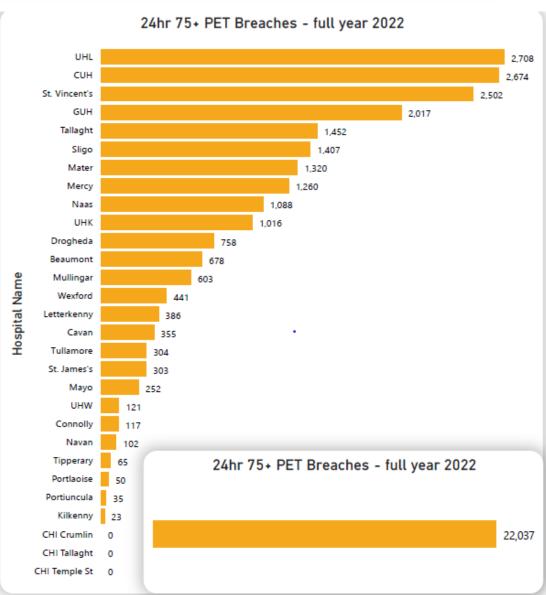
## Waiting list figures on the rise as more than 550,000 patients waiting for an appointment

The IHCA criticised the latest figures and said the Government had failed to meet its own 2019 targets.



## Harm and poor experience





# Effect of hours awaiting admission on and ED Trolley on SMR

- Cross-sectional, retrospective observational study
- Every ED in England April 2016 to March 2018. The primary outcome was death from all causes within 30 days of admission
- 7,472,480 patients admitted relating to 5,249,891 patients
- Statistically significant linear increase in mortality from 5 hours after time of arrival at the ED up to 12 hours (when accurate data collection ceased) (p<0.001)
- For every 82 admitted patients whose time to inpatient bed transfer is delayed beyond 6 to 8 hours from time of arrival at the ED, there is one extra death



#### Association between delays to patient admission from the emergency department and all-cause 30day mortality

Simon Jones O, 1,2 Chris Moulton O, 3,4 Simon Swift O, 2,5 Paul Molyneux, 2 Steve Black . 6 Neil Mason . 2 Richard Oakley . 2 Clifford Mann . 3,7

#### Handling editor Simon Carley

<sup>1</sup>Department of Population Health, New York University School of Medicine, New York, New York, USA Methods Analytics, London, UK The "Getting It Right First Time" programme, NHS mprovement London IIK Emergency Department, Royal Bolton Hospital, Bolton, UK Index Unit, University of Exeter ERlack Box Data Science Ltd, Biggleswade, UK <sup>7</sup>Emergency Department, Musgrove Park Hospital Taunton, UK

Correspondence to Dr Chris Moulton, Emergency Hospital Rolton UK-

Chris.Moultan@boltanft.nhs.uk Clifford Mann deceased

Received 30 April 2021 Accepted 15 November 2021 Published Online First 18 January 2022

Background Delays to timely admission from emergency departments (EDs) are known to harm

Objective To assess and quantify the increased risk of death resulting from delays to inpatient admission from EDs, using Hospital Episode Statistics and Office of National Statistics data in England.

Methods A cross-sectional, retrospective observational study was carried out of patients admitted from every type 1 (major) ED in England between April 2016 and March 2018. The primary outcome was death from all causes within 30 days of admission. Observed mortality was compared with expected mortality, as calculated using a logistic regression model to adjust for sex, age, deprivation, comorbidities, hour of day, month, previous ED attendances/emergency admissions and crowding in the department at the time of the attendance.

Results Between April 2016 and March 2018, 26 738 514 people attended an ED, with 7 472 480 patients admitted relating to 5 249 891 individual patients. who constituted the study's dataset. A total of 433 962 deaths occurred within 30 days. The overall crude 30-day mortality rate was 8.71% (95% CI 8.69% to 8.74%). A statistically significant linear increase in mortality was found from 5 hours after time of arrival at the ED up to 12 hours (when accurate data collection ceased) (p<0.001). The greatest change in the 30day standardised mortality ratio was an 8% increase occurring in the patient cohort that waited in the ED for more than 6 to 8 hours from the time of arrival.

Conclusions Delays to hospital inpatient admission for patients in excess of 5 hours from time of arrival at the ED are associated with an increase in all-cause 30day mortality. Between 5 and 12 hours, delays cause a predictable dose-response effect. For every 82 admitted patients whose time to inpatient bed transfer is delayed beyond 6 to 8 hours from time of arrival at the ED, there is one extra death.

#### C Linked http://dx.doi.org/10.1136/

Check for updates

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To cite: Jones S. Moulton C. 2022:39:168-173.

In England, by the end of the 20th century, demographic changes and reduced numbers of acute hospital beds had resulted in crowded emergency departments (EDs) and long delays for patients. In consequence, the NHS 4-hour operational standard standards for ED waiting times. 1-5 (The 4-hour but with a non-linear association.

What is already known on this subject

- → Small studies from Canada and Australia have indicated that there is an increased mortality rate among patients who experience delays in admission to an inpatient bed from the emergency department (ED).
- Counterfactual modelling has shown reduced patient mortality as a result of the NHS 4-hour operational standard. The NHS Benchmarking Network found a coefficient of determination (R2 value) of 0.07 between time greater than 4 hours in the ED and a hospital's Summary Hospital-level Mortality Indicator.

#### What this study adds

- → This study of over five million NHS patients shows an increase in all-cause 30-day mortality that is independently associated with delays to hospital admission from the ED rather than with crowding alone.
- → The standardised mortality rate starts to rise from 5 hours after the patient's time of arrival at the ED.
- The increasing effect of long stays in the ED before inpatient admission can be measured and represented as a number needed to harm metric: after 6-8 hours, there is one extra death for every 82 patients delayed.

standard is a binary time threshold for discharge, admission or transfer: it starts when the patient arrives at the ED, and time in the ED beyond 4 hours is a 'breach' of the 'target'.)

For more than a decade, the 4-hour standard served both patients and the NHS well but, during the past few years, further increases in the demand for urgent and emergency care have exacerbated long waits for hospital admission.6 By 2019-2020, over 3.2% of all ED patients waited in the ED for more than 12 hours from their time of arrival. Long ED delays are most often caused by 'exit block' due to a lack of available inpatient beds. This was demonstrated using data collected from all English was introduced in 2004 and shortly thereafter, the EDs over a 90-day period by an NHS economics other nations of the UK and several other countries, team. They showed that higher inpatient bed occusuch as Canada and Australia, introduced similar pancy was correlated with longer ED waiting times.

Jones S. et al. Emerg Med / 2022;39:168-173. doi:10.1136/emermed-2021-211572

BMJ



November 6, 2023

# Overnight Stay in the Emergency Department and Mortality in Older Patients

Melanie Roussel, MD<sup>1</sup>; Dorian Teissandier, MD<sup>2</sup>; Youri Yordanov, MD, PhD<sup>3,4</sup>; et al

Author Affiliations

JAMA Intern Med. Published online November 6, 2023. doi:10.1001/jamainternmed.2023.5961

Editorial Comment	Interviews
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#### **Key Points**

**Question** Is spending a night in the emergency department (ED) associated with increased in-hospital mortality and morbidity among older patients?

**Findings** This French cohort study of 1598 patients 75 years and older, those who spent a night in the ED showed a higher in-hospital mortality rate and increased risk of adverse events compared with patients admitted to a ward before midnight. This finding was particularly notable among patients with limited autonomy.

**Meaning** These findings suggest that older patients, particularly those with limited autonomy, who spend the night in the ED awaiting hospital admission may have a higher risk of in-hospital mortality and morbidity; they

# Findings from the National In-patient Experience Survey 2022

#### Although older adults value, trust and believe in the healthcare system, their experience is poor



#### **Emergency Department**

**72%** of patients were given **enough privacy** when being examined or treated in the ED

**57%** of patients got **answers** they could understand from doctors and nurses in the ED

**30%** of patients **waited** over 12 hours for admission to a ward



"The A&E was like a battlefield"



"Very frightening place"



"I was left on my own from 9am to 9pm not knowing whether I was going to be discharged or not"



#### Stay on the wards

30% of patients could find someone to talk about their worries and fears

**47%** of patients got help from staff in time to get to the bathroom or toilet

**62%** of patients had enough time to **discuss** their care or treatment with a doctor



"Noise levels were very bad"



"Being moved was disturbing & hard to cope with"



"There was no curtain around my bed"



#### Discharge

**60%** of patients felt they were **involved** in decisions about their discharge

**37%** of patients got **information about medication** side effects going home

**36%** of families got all the **information** needed to help care for patients at home



"I felt overwhelmed "



"I was waiting all day to be told if I was going home"



"Sent me to respite and had to re-admit me a day later"

https://www.hse.ie/eng/about/who/acute-hospitals-division/national-patient-experience-survey/



## The reform journey

#### Where we are



Standardising of care through clinical leadership



Sláintecare as a template for future care



Patient expectations and empowerment



Pandemic response and aftermath

#### Clinical Reform



National healthcare strategies and programmes



Community programmes development



Precision medicine



Public Health Reform



Moulding and leading a workforce; supporting reform

#### Path Ahead



Regionalisation



Increased digital enablement



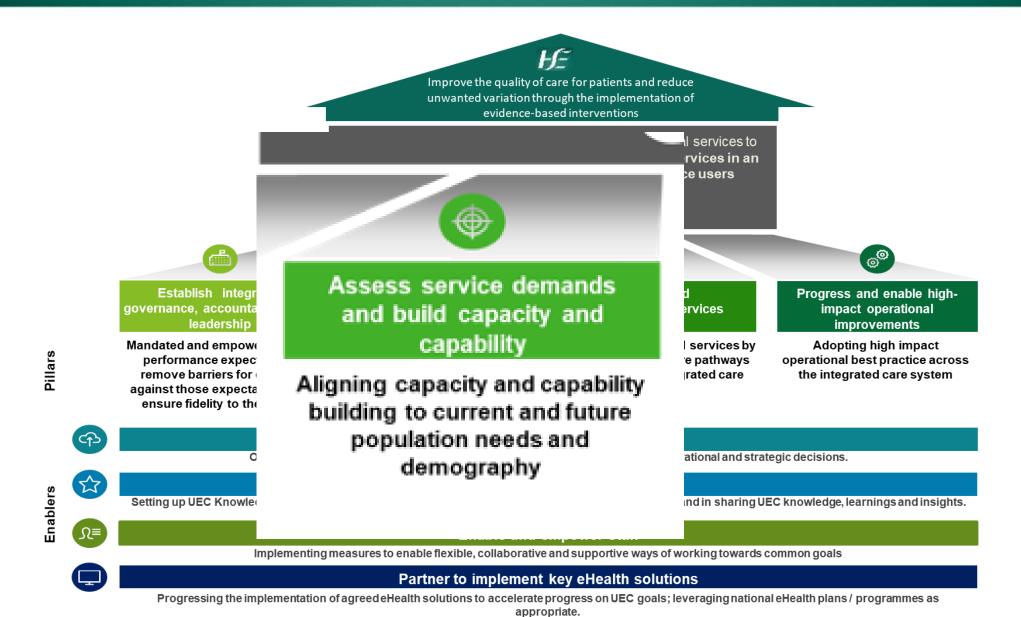
Patient involvement and participation



Defining correct capacity for healthcare needs



## 3 Year Framework UEC



# **UEC Integrated Capacity Plan**

Proposal for additional acute inpatient beds and community-based beds

24 July 2023





### 3 Year Framework UEC



Improve the quality of care for patients and reduce unwanted variation through the implementation of evidence-based interventions

To provide a common view and clear blueprint for local services to optimise the delivery of urgent and emergency care services in an integrated delivery system for patient





governance, accountability and

leadership

Establish integrated

Mandated and empowered to set performance expectations, remove barriers for delivery against those expectations and ensure fidelity to the vision



Assess service demands and build capacity and capability

Aligning capacity and capability building to current and future population needs and demography



Transfor adaptin that ur



Progress and enable highimpact operational improvements

Adopting high impact operational best practice across the integrated care system



**Build data capabilit** 

Optimising the use and analysis of data so as to drive better informed



Mobilise UEC Knowledge N

Setting up UEC Knowledge Networks to support staff across the system in driving quality im



**Enable and empower staff** 

Implementing measures to enable flexible, collaborative and supportive ways of working towards common goals



#### Partner to implement key eHealth solutions

Progressing the implementation of agreed eHealth solutions to accelerate progress on UEC goals; leveraging national eHealth plans / programmes as appropriate.

Enablers



#### **Hospital Avoidance**

**Emergency Department (ED) Operations** 

In Hospital Operations

**Discharge Operations** 

# Left Shift

#### Abstract citation ID: afad | 56.274

HOSPITAL AT HOME—A POTENTIAL ALTERNATIVE OPTION TO ACUTE HOSPITAL ADMISSION FOR OLDER ADULTS

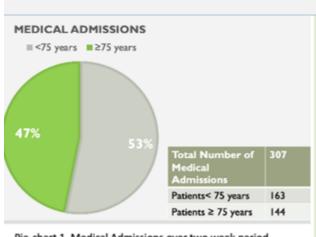
C. Conlon, R. Murphy, C. Small University Hospital Galway, Galway, Ireland

Background: Novel ways to respond to the acute care needs of older adults are needed. Hospital at Home (H@H) could be a viable alternative to emergency hospitalisation. We developed inclusion and exclusion criteria for selected medical conditions that could theoretically be treated in a hospital at home setting if supported by a geriatric medicine multidisciplinary team with a consultant, Advanced Nurse Practitioner (ANP), Physiotherapist (PT) and Cccupational Therapist (OT).

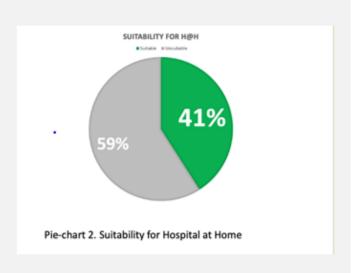
Methods: We completed a retrospective cohort study of unselected medical admissions over a two week period in a level four hospital. We developed illness specific criteria for stable patients that if met could allow a patient to be treated in a hospital at home environment. These conditions included community acquired pneumonia, congestive cardiac failure, COPD exacerbation and urinary tract infection.

Results: There were 307 medical admissions over the study period, with 144 over the age of 75 (47%). Mean age 83.2. 59 patients met our inclusion criteria for a potential H@H service (41%). All patients were clinically stable based on admission vital signs. The mean length of stay was shorter for patients eligible for H@H than patients who did not meet the criteria (9 days vs 14 days, p 0.01), and patients meeting the H@H criteria were more likely to be discharged home directly. They were less likely to have needed occupational therapy (32% vs 52%, p = 0.02) or medical social worker input (22% vs 42%). There was no difference in frailty category or readmission rates by whether or not a patient met the

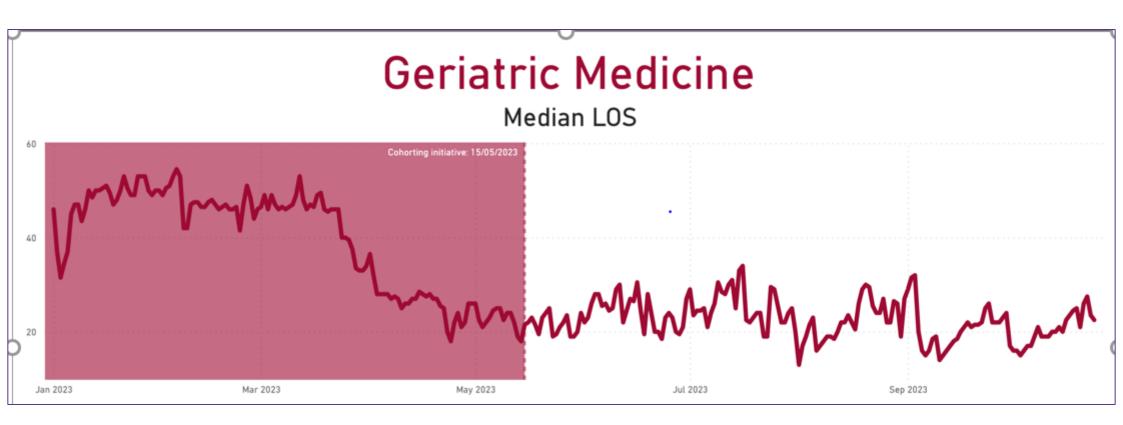
Conclusion: Over 40% of unselected medical take patients were of a low acuity that could have theoretically met our inclusion criteria for a supported hospital at home model. Strategies are needed to support expansion of this model of care.











## 3 Year Framework UEC



Improve the quality of care for patients and reduce unwanted variation through the implementation of evidence-based interventions

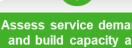
To provide a common view and clear blueprint for local services to optimise the delivery of urgent and emergency care services in an integrated delivery system for action to an integrated delivery





Establish integrated governance, accountability and leadership

Mandated and empowered to set performance expectations, remove barriers for delivery against those expectations and ensure fidelity to the vision



capability

Aligning capacity and cap building to current and for population needs an demography

#### Design and adapt clinical services

Transforming clinical services by adapting agreed care pathways that underpin integrated care



nd enable highoperational ovements

j high impact est practice across ted care system



Bu

Optimising the use and analysis of data so as to



#### Mobilise UEC KIIOWIEUGE NELWOIKS

Setting up UEC Knowledge Networks to support staff across the system in driving quality improvements and in sharing UEC knowledge, learnings and insights.



#### **Enable and empower staff**

Implementing measures to enable flexible, collaborative and supportive ways of working towards common goals



#### Partner to implement key eHealth solutions

Progressing the implementation of agreed eHealth solutions to accelerate progress on UEC goals; leveraging national eHealth plans / programmes as appropriate.

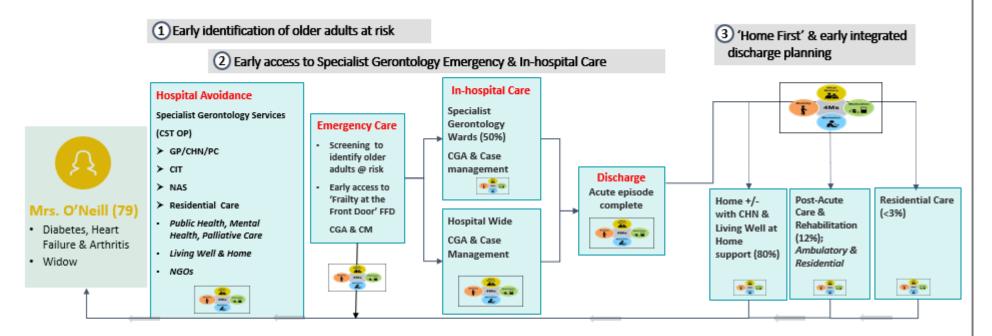
Enablers



NATIONAL AMBULANCE SERVICE IRELAND	National Ambulance Service (NAS)
ACUTE MEDICINE	National Acute Medicine Programme (NAMP)
EMERĠENCY MEDICINE	National Emergency Medicine Programme (NEMP)
NCPS 👄	National Clinical Programme for Surgery (NCPS)
	National Office for Trauma Services (NOTS)
National Clinical Programme for Older People	National Clinical Programme for Older People (NCPOP)

# HE Re-design

#### **Urgent & Emergency Care for Older Adults**





4Ms Framework – designing an Irish Age-Friendly Health System

#### Comprehensive Geriatric Assessment CGA

A multidimensional, multidisciplinary process which identifies medical, functional & social needs & the development of a coordinated & integrated care plan to meet those needs

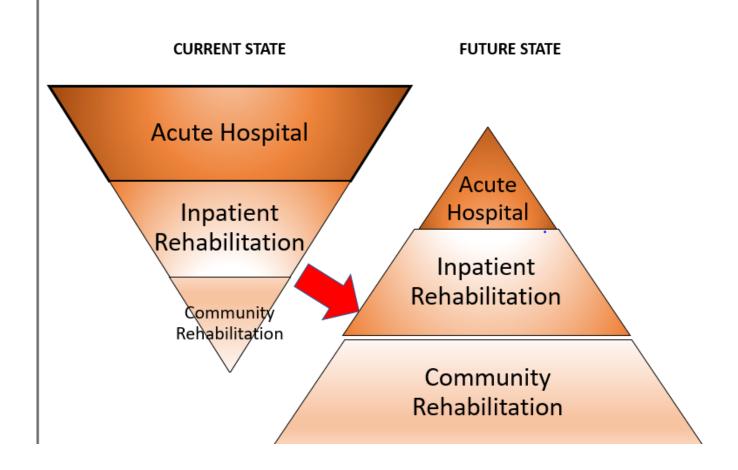
Assessment (InterRAI) & Action

#### Case Management (CM) for Older Adults

- · Single Point of Contact
- Identification, needs assessment, care optimisation & planning
- · Service & care coordination
- · Early integrated discharge planning



#### Shifting healthcare delivery to what matters most to patients



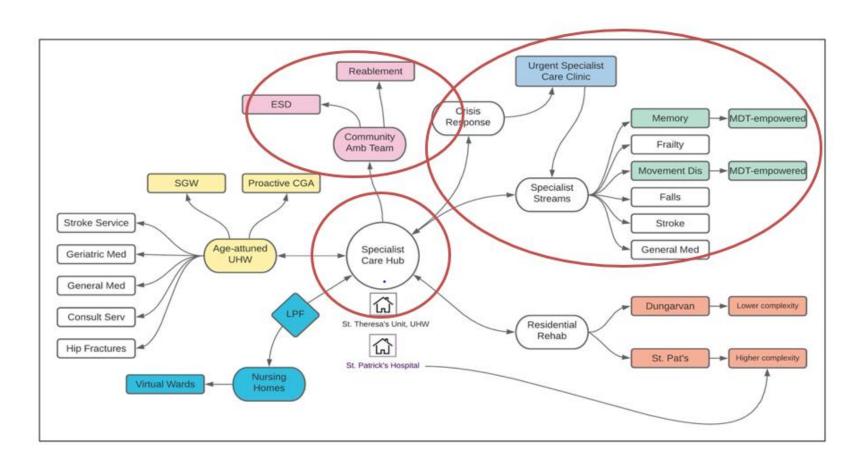


If we design services for people with only one thing wrong at once but people with many things wrong turn up, the fault is not with the users but with the service, yet all too often these patients are labelled as inappropriate and presented as a problem...

**Prof Ken Rockwood** 



## **WICOP** service





#### Population health perspective

- Prioritise po pulation needs in service design
- Population profiling of incidence & prevalence
- Health and social welbeing
- Focus on primary care, prevention & health promotion

#### Person-centred

- Consider the points at which in dividuals engage with health and social care services.
- . Be mindful of patient experience
- The role of the individual in their own core
- Involve service users in design process

## Health & wellbeing

- \* Empower & support healthier lives
- Risk factors, early detection, timely intervention, effective rehabilitation, polliation
- "Shift left" to move people from 'high risk' to 'low risk'
- \* Making every contact count

#### Equity

- . Social determinants of health
- \* Reduce health inequalities
- Measure variation in health needs, experiences and outcomes
- \* Support efficient utilisation of resources
- \* Data

## Coordination of care

- . Care at lowest level of complexity
- . Comprehensive core pathways
- In tegrated care
- Movement of information

#### Self-care and selfmanagement

- Support self-core & self-management
- Empower individua & to manage their own health
- Opportunities for technology to support self-care and self-management

#### Top of license practice & teamwork

- All health professionals delivering care for which they are qualified and trained.
- Interdisciplinary & multidisciplinary core delivery

#### Supported by technology

- Innovations for prevention, diagnostics and interventions
- Support better, more efficient, more person-centred core
- Enhance information provision, communication and service user experience

# Quality & safety

- Governance & accountability for quality, safe services and patient experience
- + Evidence-based
- Patient safety and quality operating framework
- Robust measures and evaluation processes
- Stakeholder involvement

Figure 5. Sláintecare Model of Care principles<sup>20</sup>











#### **QUADRUPLE AIM**

Enter your sub headline here



#### **Population Health**

- Risk
   Management
   Through Pooling
- Preventive Care
- Socio-Economically Impactful



#### **Reducing Costs**

- Productivity
- Sustainability
- Cost-Effective
- Comparatively
   Effective

#### QUADRUPLE AIM

#### **Patient Experience**

- Patient Satisfaction
- Outcomes
- Quality
- Safety



#### Provider Experience

- Provider Satisfaction
- Work/ Life Balance
- Workflow
   Optimization



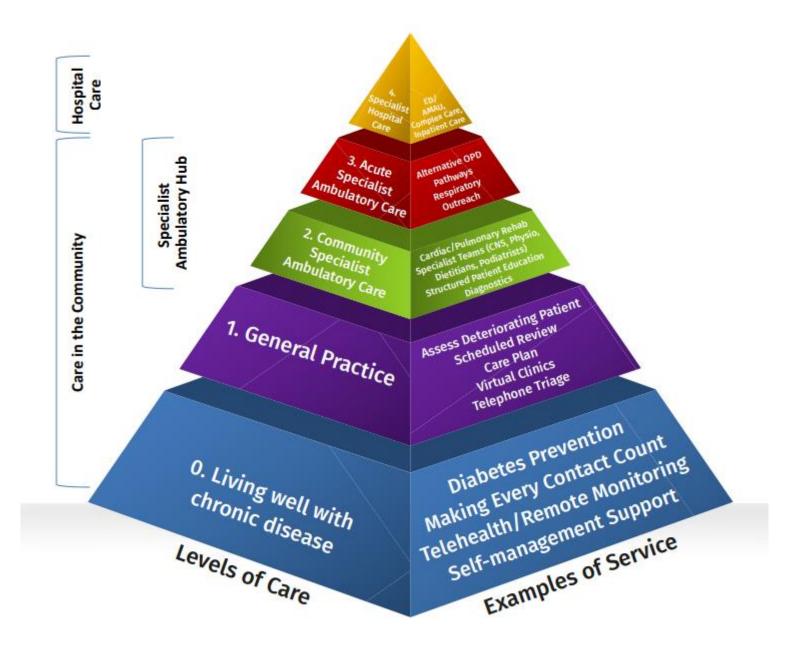
- Continuously Learning, Well-informed, and Insightful: Understanding the current environment with an eye toward the future change trajectory.
- 2 "Change-Forward" with Bold, Inspiring Vision:
  Not satisfied with incremental change, but desirous
  of "breakthrough, transformative change;" not just
  "change ready," but embracing change management
  as a competitive advantage.
- Agile and Adaptable: Setting a course and planning a transformation that is flexible and effectively prioritizes.
- Actionable Information-Oriented: Translating data into data analytics, into information, into transparent, actionable-information and ultimately, into "predictive analytics."
- 5 Financially Disciplined: Financial Discipline is palpable throughout high-performing organizations.

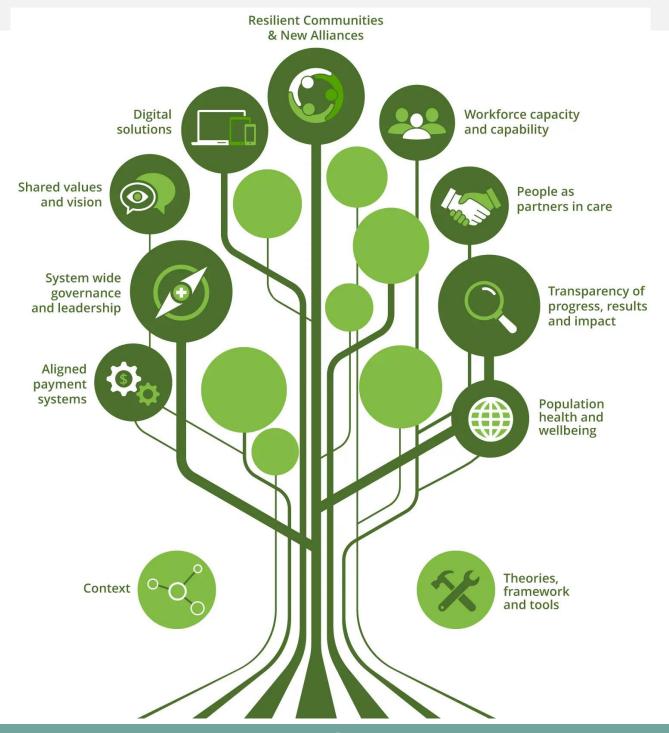
- Respectful and Optimized Staffing: Always respectful to one another, seeking diversity of thought and "collective wisdom" of the team while prioritizing professional development and talent management.
- Accountable and Execution-Focused:

  Accountable toward their community and expectations of their employees with laser focus on execution and activation.
- Patient-Centric and Operationally Proficient:
  Standardizing care processes, embracing clinical protocols, and effecting seamless, patient access.
- Creative Collaborators: Partnerships and joint ventures with other providers, payers, employers, clinical technology companies, and other key stakeholders, all intended to create and increase value for patients and communities.
- Realizing the Value of System Integration:
  Creating value through economies of scale and scope with system integration and optimizing synergies.

Top 10 Characteristics of High-performing Healthcare Organizations

By Darryl Greene, MS, Vice President, GE Healthcare Camden Group, and Robert Green, MBA, FACHE, CHFP, Senior Vice President, GE Healthcare Camden Group





# HE Reflect

Short term...next crisis

Its always been this way

....the bloody HSE

I'm up to my tonsils.....

My department want this....

The bloody community.....the bloody Hospitals

**Clearly articulated Reproducible Vision** 

What we stand for and don't stand for

**Accountable Leadership at all levels with** front line ownership

**Different ways of working** 

Same goals across all of Healthcare

Integration



# We have tremendous assets

























# You don't get excellence from pieces, you get excellence from connections





Thank you for listening and your precious time