

A talk about Transition of Care

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Overview

1. Introduction
2. Why we are talking about TOC
3. The plan
4. The journey so far
5. What to do next







SOME OF THE FACTS

Adolescence

- A time of physical, psychological and social developmental change
- Age for this population ranges from 12 to 19 and more recently 24+
- 18.3% of the population is aged between 10 and 24

Chronic disease

- 6% of all of our children have a disability
- 10% of school aged and adolescents have at least one chronic condition
- 20% of 12 through 25 year olds (includes obesity)

Transition of care

- A major challenge for healthcare providers
- Not a 'transfer'

Transition of care is...

A Complex and multifaceted process – it involves young person, parent, healthcare provider, health planners and policy makers

GUIDELINES AND POLICIES..

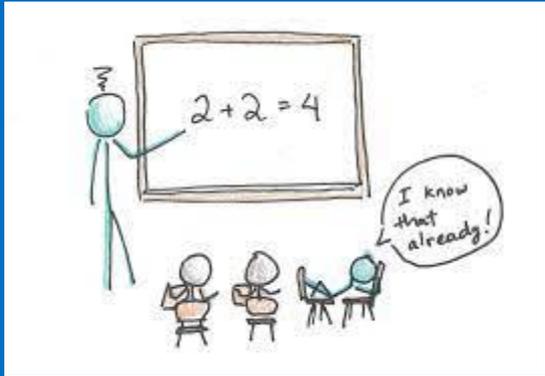
Aim of successful transition of care

- Support self management
- Encourage independence
- Support future planning
- Improve clinical outcomes
- Improved health related quality of life



NICE National Institute for Health and Care Excellence







LITERATURE THEMES

Broad agreement

Aims

Barriers

Outcomes

Principles

Gaps and controversies

Proving outcome measures

Successful implementation

Transition planning and technology

Age for transition

The Irish voice

Transition of care processes were patchy with some *smooth* but others *abrupt* feelings of acceptance and loss ... 'culture shock' and a changing role for parents and carers(Coyne, 2019).



I had been attending [childrens hospital] for quite some time...I had physiotherapy a few times around 16/17 [years] and they mentioned transition but then discharged me. No one else had mentioned transition. I was cut off from my service.

I don't know if [adult hospital] has information on me. I am aware there are waiting lists for outpatients. If I needed care would I go to ED?

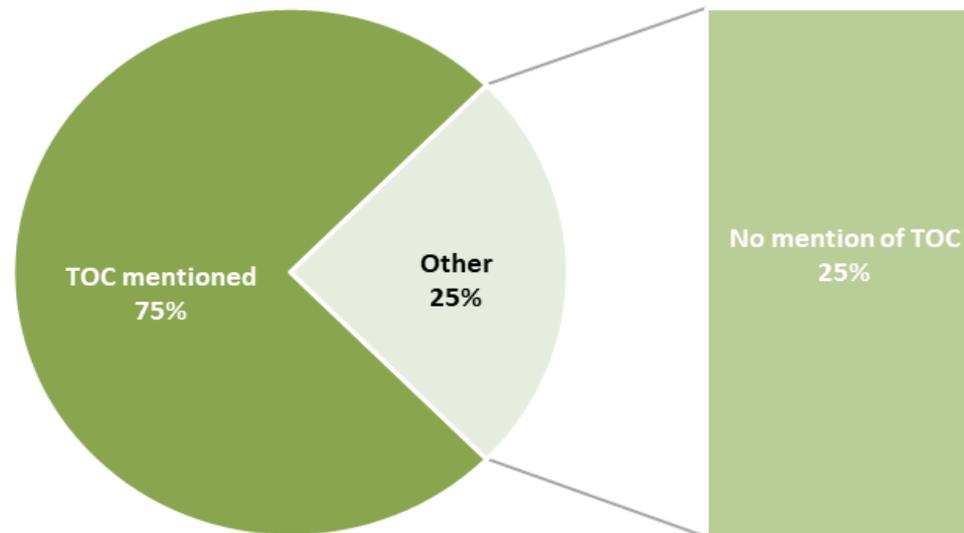
My [specialist] wanted me to transition to his adult clinic in the opposite side of the city but HSE wouldn't authorise this. I now travel to a town in the [Midlands] which takes 3 hours.

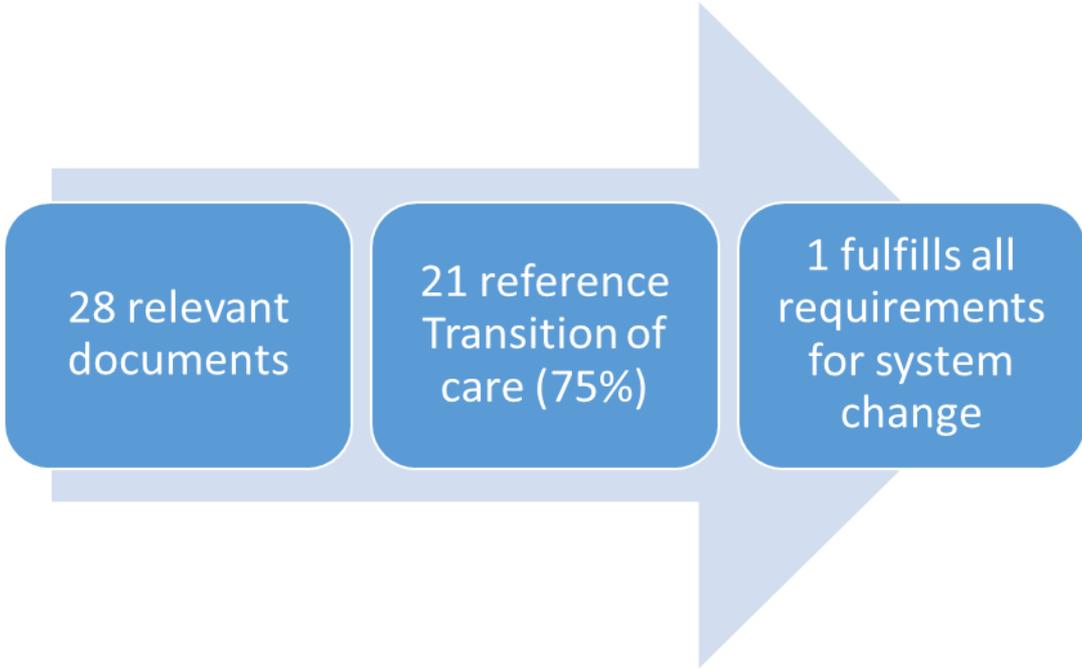
I am always terrified to talk to the doctors. My mother comes with me. She doesn't know what to ask either.

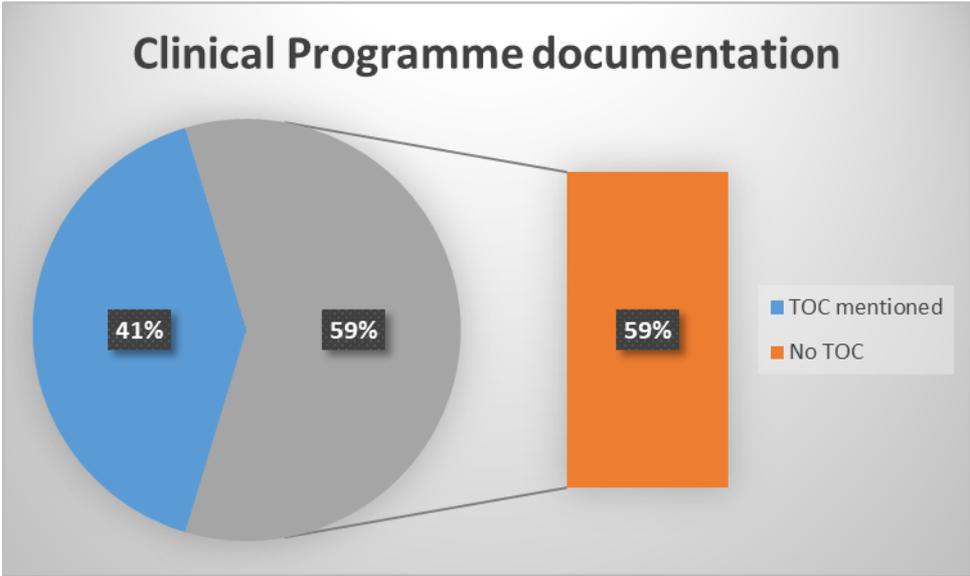
Doctors should speak to parents and YP and give YP opportunity to ask questions. Ask me first as I am the one with the symptoms.

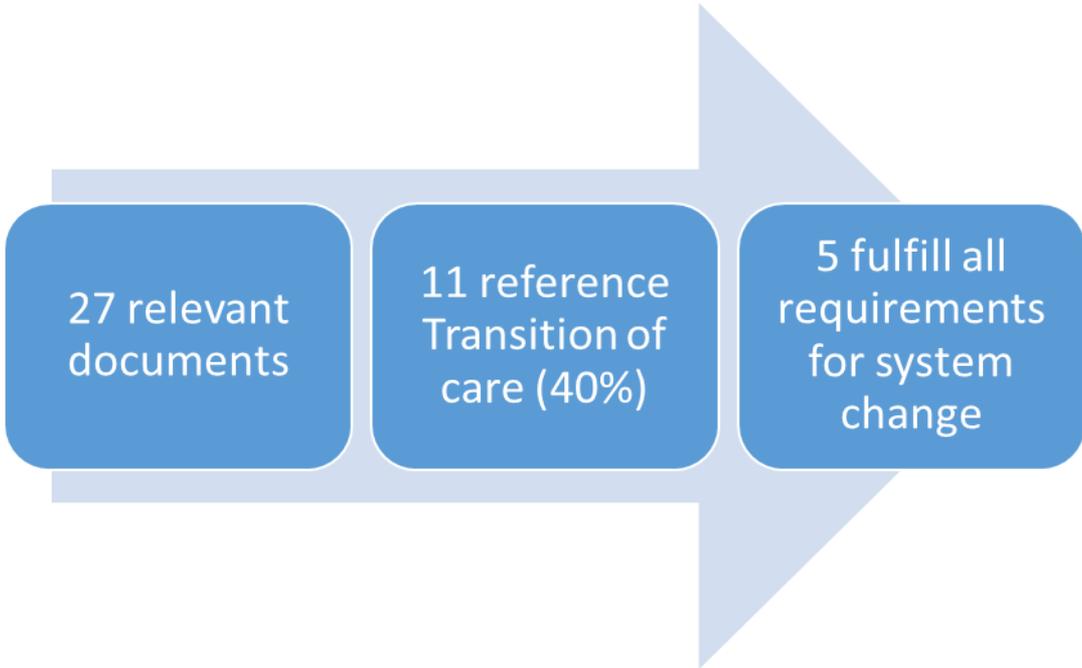
Parents need more information. It is just as hard on my [mother] as it is on me. Even directions to the hospital.

NCPN Specialties for Children and Young People









WHERE DO WE START ...

Transition of care implementation is difficult

There are no examples of successful system wide implementation.

The areas of challenge are common to countries and continents and are seen across public and private healthcare settings and have not changed with time

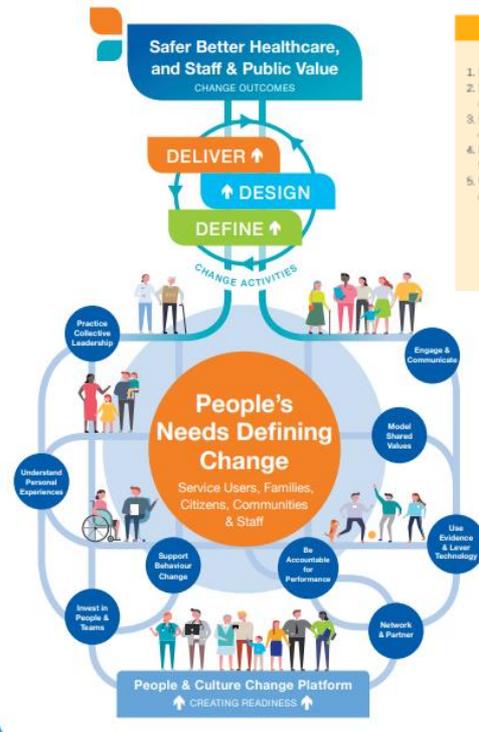




Implementing change in healthcare...Easy!

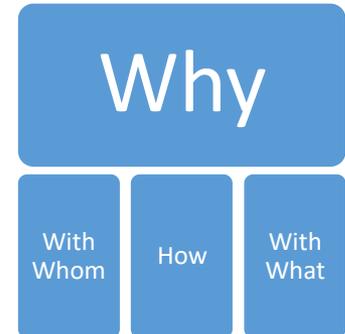
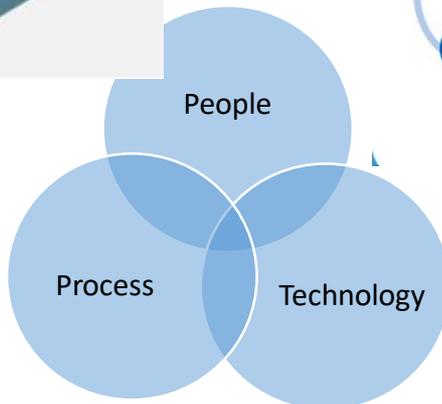
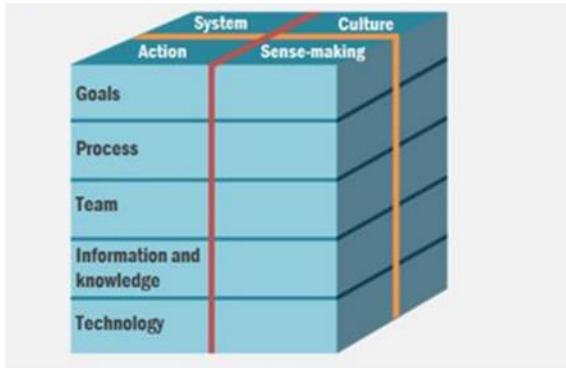


Health Services Change Guid



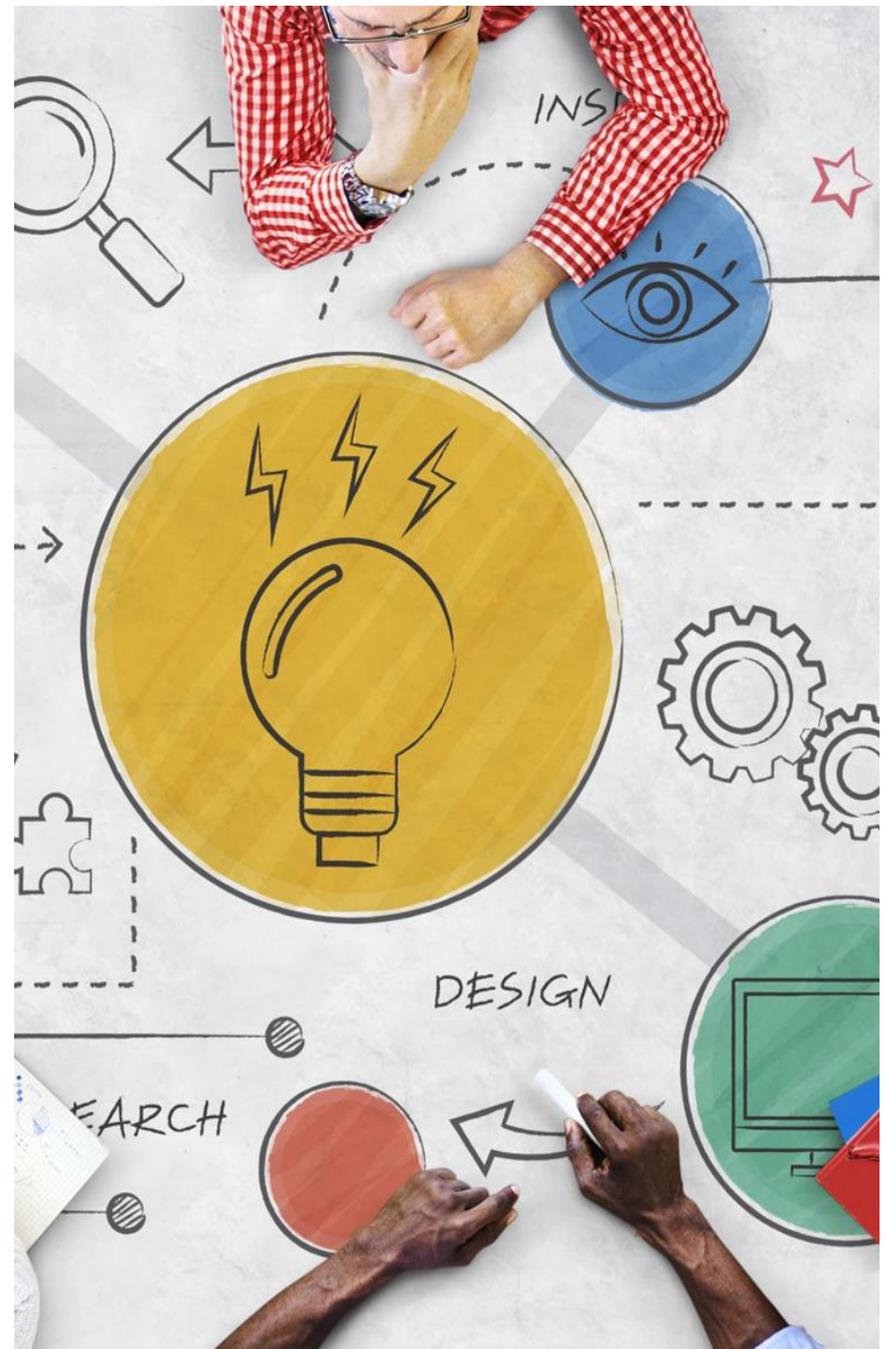
Lewin's Change Model

Unfreeze	Change	Refreeze
<ol style="list-style-type: none"> 1. Recognize the need for change 2. Determine what needs to change 3. Encourage the replacement of old behaviors and attitudes 4. Ensure there is strong support from management 5. Manage and understand the doubts and concerns 	<ol style="list-style-type: none"> 1. Plan the changes 2. Implement the changes 3. Help employees to learn new concept or points of view 	<ol style="list-style-type: none"> 1. Changes are reinforced and stabilized 2. Integrate changes into the normal way of doing things 3. Develop ways to sustain the change 4. Celebrate success



Getting started

- ✓ Literature review and research the as-is
- ✓ Set up HSE Working group
- ✓ Engage with Youth Advisory Council and with colleagues working with Patients
- ✓ Virtual meetings
- ✓ In person Workshops
- ✓ Engage with Ombudsman
- ✓ Work with HSE YVM
- ✓ Work with HSE comms





WORKING GROUP OUTPUTS IN 2022/23



Getting it right for young people and families

Learning from our HSE teams who are working and succeeding in this area

Focus on principles AND implementation

Finding gaps and barriers and creating solutions

2023 Targets





We Need You!
Have you or a family member
recently moved from a children's
service to an adult health service?

If so, we want your feedback.
Your feedback will help us make ongoing improvements.

To access the questionnaire to give your feedback:
Scan the QR code



Or use the link
<https://collector.sensemaker-suite.com/collector?projectID=7272eff2-fb1f-4503-a9da-486e21be764e>

For more information or to get a paper copy of
this questionnaire please contact:
Yourvoicematters@hse.ie

Where we are going next

Ensure that 2023 goals are up and running
Campaign for support at ground and regional level
Extend the survey to capture the younger patient and the HCP voice



Build TOC into the fabric of CDI



Training and Education



How you can help ..



Promote the
Survey



Build TOC into
your
Programme of
work



Thank you